

CBT-L5 Record of Completed Assessments

Candidate's name:

Tutor's name:

Documents	Tutor signature and date	Candidate signature and date
Learning Review		
Client record (30 hours with at least three clients using CBT)		
Supervision record (hours in line with BACP/BABCP requirements)		
Assignment 1 (3,000 - 3,500 words) Assignment 2 (3,000 – 3,500 words)		
Tutor observation		
One tutor-observed counselling practice session using CBT skills		
One case presentation (with group supervision)		
Testimony		
One supervisor's report on capacity to work ethically and safely using CBT		
Peer feedback		
External assessment:		
A structured case review (3,000 – 3,500 words)		